



The Official News Letter of Indian Orthodontic Society



INDIAN ORTHODONTIC SOCIETY
Celebrating

World Opthodontic Health Way 2023





PRESIDENT'S MESSAGE

Dear Members.

It was one gratifying month full of activities.

On 7th May IOS Practice Management Virtual delibration was given by renowned Speaker Dr. Bhavdeep Ahuja. His command on ethics in Orthodontics was praised by all who attended the same.

The national Typhodont workshop (south zone) held at SRM Dental College under the leadership of Dr. C. Deepak & Dr. Dheena Dayalan was a treat to all the post graduates who could gain hands on experience from the experts.

On 15th May, Indian Orthodontic Society Members celebrated World Orthodontic Health day in which first five best decorated departments were recognised by IOS.

There were orthodontic awareness lectures in schools and colleges, poster competition, cyclothon all across the country with great enthusiasm.

The most awaited & show stopper of the events was the ALIGNER MASTERCLASS with speakers of International Repute who with all their efforts made it a blockbuster event. Thanks to first three speakers Dr. Gauri Vichare, Dr. Rohit Kulshrestha & Dr. Amit Sachdeva for their selfless efforts.

We have a total of 23 lectures on all different aspects to understand the science behind Aligners.

This month ended with the first ever National Advanced Typhodont workshop held at Modern Dental College, Indore under the leadership of Dr. Ashish Garg and Dr. Amit Bhardwaj which was a landmark event of IOS in the central India.

Looking forward to another month of activities in coming months with cooperation from all our members.

Jai Hind, Jai IOS..!!!

Dr. Balvinder Singh ThakkarPresident, Indian Orthodontic Society





SECRETARY'S MESSAGE

Esteemed members of the society,

Hope you all are pink in your health and in high spirits!

As the celebrations of World Orthodontic Health Day went galore in the month of May, it was great to see the involvement & participation from all the members from different parts of the country.

The IVth Indian Orthodontic Society's Executive Committee meeting was also held at Dwarka, New Delhi.

The lecture series of Friday Rendezvous was continued this month too. The fourth session of Practice Management series was also conducted.

The National Integrated Typhodont workshop was hosted in the City of Indore at the month end and was a great event for the postgraduates to attend.

In the forthcoming month, Zonal PG Convention in Salem and lot of other eminent programs are set to be conducted in full fervour.

Jai IOS, Jai Hind

Sincerely

Prof. (Dr.) Sanjay Labh

Hon. Secretary, IOS





EDITOR'S MESSAGE

"It's June -Half of the year has passed by in the blink of an eye "May you all smile as bright as the sun this June Off all the things we wear, our expression is most perceptible...with delight and pleasure ,we put forward the next vibrant piece of creativity, freedom, utterance, zest of our May issue.

IOS Times is lot more then just a newsletter where the prospectives ,flairs ,achievements and forethought of our society get revealed. Last month we all celebrated World Orthodontic health day in different parts of the country. So after the most extensive activities in the last month we are ready for the upcoming activities with full vehemence and enthusiasm. And we are all set to guzzle some more knowledge from all the events which are scheduled for this month

There is constantly some muse and motivation in our interview section and some inspiration, enthusiasm, valor and wonder from our Orthotainment section at all times.

When we are now in the middle of the year and one thing remains constant: our commitment to our profession we dole out.

I hope your May was great, and I pray your June is even greater. Make the most of this new month!!

Let's get to work.

Regards

Dr Santosh Ramegowda

Editor, IOS Times

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IOS CALENDAR OF EVENTS 2022-23



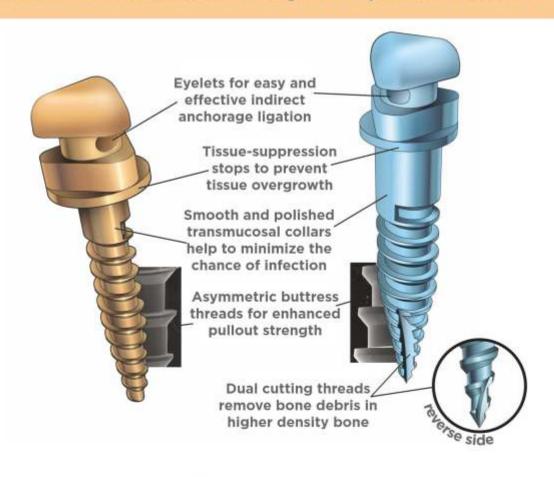
Event	Date	Day	Venue	Contact Person	Phone No	Email ID
1 ST EC MEETING	18 th SEPT 2022	Sunday	PUNE	DR. JAYESH RAHALKAR	9822056681	jayeshrahalkar@gmail.com
NATIONAL ORTHODONTIC WEEK / ORTHODONTIST DAY	1 th -7 th OCT 2022 5 th OCT 2022	Saturday - Friday	PAN INDIA	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
PRACTICE MANAGEMENT SERIES	16 th OCT 2022	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
IOS FRIDAY RENDEZVOUS	28 th OCT 2022	Friday	VIRTUAL	DR AJAY KUBAVAT	9824122642	kubavatajay@gmail.com
IBO AWARENESS PROGRAM	19 th NOV 2022	Saturday	JAIPUR	DR ASHWIN MATHEW DR SALIL NENE	9840032771. 9822871387	ibochairman@iosweb.net ibosecretary@iosweb.net
2 ND EC MEETING	20 th NOV 2022	Sunday	JAIPUR	DR BALVINDER SINGH THAKKAR	9829213700	president@iosweb.net
IOS FRIDAY RENDEZVOUS	25 th NOV 2022	Friday	VIRTUAL	DR AJAY KUBAVAT	9824122642	kubavatajay@gmail.com
ART AND SCIENCE OF CRAFTING STANDOUT RESEARCH	2 nd - 3 rd Dec 2022	Friday - Saturday	NEW DELHI	DR HARNEET KAUR	9817467002	dr.harneetkaur@gmail.com
PRACTICE MANAGEMENT SERIES	11 th DEC 2022	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
IOS FRIDAY RENDEZVOUS	23 rd DEC 2022	Friday	VIRTUAL	DR DEENA DAYALAN	9840895100	dheena.mds@gmail.com
PG ORIENTATION	5 th – 6 th JAN 2023	Thursday- Friday	BELGAUM	DR K M KELUSKAR	9448136832	drkeluskar@gmail.com
ORTHODONTIC PREMIER LEAGUE	18 th – 19 th JAN 2023	Wednesday- Thursday	COORG	DR SANTOSH RAMEGOWDA DR GOUTHAM B	9845428008 9900620536	ramegowdasantosh@gmail.co m drgouthamreddy2000@gmail. com
PHASE II IBO ONLINE EXAMINATION	23 th JAN 2023	Monday	VIRTUAL	DR ASHWIN MATHEW DR SALIL NENE	9840032771. 9822871387	ibochairman@iosweb.net ibosecretary@iosweb.net
REPUBLIC DAY	26 th JAN 2023	Thursday	VIRTUAL	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
NATIONAL INTEGRATED TYPHODONT WORKSHOP(EAST ZONE)	27 th – 29 th Jan 2023	Friday - Saturday- Sunday	KOLKATA	DR PARTHA PRATAM	9163239583	doctorpartha@gmail.com

PRACTICE MANAGEMENT SERIES	5 th FEB 2023	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
IOS PG CONVENTION	16 th – 19 th FEB 2023	Thursday - Friday - Saturday - Sunday	LUCKNOW	DR SUDHIR KAPOOR	9415022735	kapoorclan@hotmail.com
3 RD EC MEETING	19 th FEB 2023	Sunday	LUCKNOW	DR SUDHIR KAPOOR / DR RAJ KUMAR JAISWAL	9415022735 9415023934	kapoorclan@hotmail.com drrajkumarjaiswal@yahoo.co.i n
IOS FRIDAY RENDEZVOUS	3 rd MAR 2023	Friday	VIRTUAL	DR REJI ABHRAAM	9947357788	rejiabm@gmail.com
IOS PG ORIENTATION PROGRAM	17 th – 18 th MAR 2023	Friday - Saturday	JAIPUR	DR SEEMA CHOUDHARY DR SAURABH CHATURVEDI	9829125999 9468869266	drseemaortho@gmail.com drsaurabh84@yahoo.com
INTERNATIONAL ORTHODONTIC SYMPOSIUM	24 th – 27 th MAR 2023	Friday - Saturday - Sunday - Monday	COORG	DR SUNIL MUDDAIAH DR ANMOL KALHA DR GOUTHAM B	9448113013 9910017111 9900620536	drsunilmuddaiah@gmail.com anmolkalha@gmail.com. drgouthamreddy2000@gmail. com
WILD LIFE PHOTOGRAPHY	31 st Mar- 2 nd Apr 2023	Friday - Saturday - Sunday	RANTHAMBOR E	DR RAGHUNANDAN CHANDURI/ DR ARIHANT JAIN	9845187614. 7417670908	drraghucvl@yahoo.com arihantjainortho@gmail.com
ROAR (RAMACHANDRA ORTHODONTIC ACCELARATED REVIEW)	3 rd – 5 th Apr 2023	Monday - Tuesday - Wednesday	HYBRID	DR. VIGNESH KAILASAM DR SRIDEVI P	9840237177 9600077428	theorthodontist@gmail.com sridevipadu@gmail.com
NATIONAL INTEGRATED TYPHODONT WORKSHOP	6 th – 8 th Apr 2023	Thursday - Friday - Saturday	GHAZIABAD	DR PAYAL SHARMA /. DR PIUSH KUMAR	9212708451 9811307935	drpsharma25@yahoo.com piushkumardf@its.edu.in
MID-YEAR CONVENTION	8 th APR – 15 th APR 2023	Saturday - to Next Saturdat	VIETNAM	DR SARABJEET SINGH DR ANSHU KALRA	9876061283. 9355627398	sarabjeet3400@yahoo.co.in dranshuortho@gmail.com
PRACTICE MANAGEMENT SERIES	7 th MAY 2023	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
NATIONAL TYPHODONT WORKSHOP(SOUTH ZONE)	11 th – 13 nd MAY 2023	Thursday - Friday - Satursay	CHENNAI	DR C DEEPAK	9840060745	drcdeepak1307@gmail.com
WORLD ORTHODONTIC HEALTH DAY	15 th MAY 2023	Monday	PAN INDIA	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
NATIONAL INTEGRETED TYPHODONT WORKSHOP	15 th – 17th MAY 2023		MALLAPURAM, KERALA	DR SAM PAUL	8921406622	info@exodusdental.com
INTERDICIPLINARY ORTHODONTICS SYMPOSIUM	20 th MAY 2023	Saturday	HYDERABAD	DR SHUBHAKAR RAO	9949095427	shubhaker@gmail.com
4 TH EC MEETING	21 st MAY 2023	Sunday	NEW DELHI	DR SANJAY LABH	9313483570	secretary@iosweb.net
IOS FRIDAY RENDEZVOUS	26 th MAY 2023	Friday	VIRTUAL	Dr A EDEINTON ARUMUGAM	9841121575	edeinton@gmail.com
NATIONAL INTEGRATED TYPHODONT WORKSHOP - ADVANCED COURSE	29 th – 30 th May 2023	Monday- Tuesday	MODERN DENTAL COLLEGE, INDORE	DR ASHISH GARG DR AMIT BHARDWAJ DR SURYANSH DILLIWAL	9826340056 9826550696 9893064911	drgargs 1@yhoo.com dramit2211@yahoo.in

IOS SYMPOSIUM ON CLINICAL CASE REPORTS (GRANDEUR II)	5 th – 6 th JUN 2023	Monday - Tuesday	VIRTUAL	DR SURYAKANTA DAS	9861099237	orthosuryakantadas@gmail.co m
SOUTH ZONE PG CONVENTION	8 th – 10 th JUN 2023	Thursday- Friday - Saturday	SALEM	DR SABRINATHAN. DR PRABHAKAR KRISHNAN DR R RANGANATHAN	9843190022 9843688271 8489988999	orthosat@gmail.com
NATIONAL TYPHODONT WORKSHOP(WEST ZONE)	16 th – 17 th JUN 2023	Friday- Saturday	Ahmedabad	Dr Alap Shah	8347914866	alap@ksd.ac.in
ORTHO GEDI	23 rd – 24 th JUN 2023	Friday - Saturday	AMRITSAR	DR SARABJEET SINGH DR SUKHDEEP SINGH KAHLON DR CHETAN DEV BOPARAI	9876061283 9888897473 8566031983	sarabjeet3400@yahoo.com singhkahlon@yahoo.com drchetandevsingh@yahoo.co.i n
IOS FRIDAY RENDEZVOUS	30 th JUN 2023	Friday	VIRTUAL	DR UDAY KUMAR DIGUMARTHI	9949818001	drsaiuday@gmail.com
PRACTICE MANAGEMENT SERIES	9 th JUL 2023	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
INNOVATION CONCLAVE	15 th – 16 th JUL 2023	Saturday - Sunday	VIRTUAL	DR JAYESH RAHALKAR DR RAJAGANESH GAUTAM	9822056681 9890389945	jayeshrahalkar@gmail.com rajaganeshgautam@yahoo.co m
2 ND INVISIBLE ORTHODONTICS SYMPOSIUM	21 st – 22 nd JUL 2023	Friday - Saturday	VIZAG	DR SRIKRISHNA CHALASANI	9849477777	orthodontist7@gmail.com
IOS FRIDAY RENDEZVOUS	28 th JUL 2023	Friday	VIRTUAL	DR ANAND TRIPATHI	9422560650	anand.tripathi86@gmail.com
NATIONAL CLEFT AND CRANIOFACIAL ORTHODONTICS PROGRAM	4 th – 5 th Aug 2023	Friday - Saturday	BANGALORE	Dr HEMANTH M DR VIRAG BHATIA	9845459666 9826021997	hemanth984545@gmail.com viragbhatia@yahoo.co.in
DIGITAL ORTHODONTIC-THE FUTURE	12 th – 13 ^h AUG 2023	Saturday - Sunday	AIIMS NEW DELHI	DR RITU DUGGAL / DR PUNEET BATRA	7838390003/ 9810335961	ritudug@gmail.com / drpuneetbatra@gmail.com
INDEPENDENCE DAY	15 th AUG 2023	Tuesday	VIRTUAL	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
IOS CHRONICLES (IOS JOURNALS SYMPOSIUM)	18 th – 19 th AUG 2023	Friday - Satuday	VIRTUAL	DR VIGNESH KALAISAM DR SARVARAJ KOHLI	9451570848 9425152568	theorthodontist@gmail.com sarvraj.kohli@gmail.com
EOGM	14 th SEP 2023	Thursday	MEERUT	HON. SECRETARY- DR SANJAY LABH	9313483570	sanjaylabh@gmail.com
5 TH EC MEETING	15 th SEP 2023	Friday	MEERUT	DR PRADEEP RAGHAV DR VAIBHAV MISHRA	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com
57TH INDIAN ORTHODONTIC CONFERENCE	15 th – 17 th SEP 2023	Friday - Saturday - Sunday	MEERUT	DR PRADEEP RAGHAV DR VAIBHAV MISHRA	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com
AGM	16 th SEP 2023	Saturday	MEERUT	DR PRADEEP RAGHAV/ DR VAIBHAV MISHRA	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com



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I.T.S- Centre for Dental Studies & Research, Ghaziabad Department of Orthodontics and Dentofacial Orthopedics

A Report on National Integrated Typhodont workshop 6th — 8th April 2023

General

National Integrated Typhodont workshop was held from 6th – 8th April in association with the Indian Orthodontic Society. The program had the participation of more than 100 delegates from more than 30 different colleges across India. The program lectures were held in R Ahmed hall and the hands on exercises were demonstrated and performed in the Artificial simulation lab. The course participants were provided with course material and a video manual for future reference.

The objective of this three day comprehensive program was to teach various fixed and removable orthodontic techniques and basic wire bending to the post graduate students.

The program saw an array of reputed speakers from different parts of the country coming together to impart their knowledge and skills.

Around 116 participants attended the program

Lecture Content

DAY-1

Dr M.S. Sidhu and Dr Sunanda Roy Choudhary took lecture on Standard Edgewise technique followed by demonstration of different wire bending exercises.

Dr Poonam Sharma, Dr Payal Sharma and Dr Piush Kumar conducted a lecture on Begg's technique followed by demonstration of different Begg's wire bending exercises.

Dr Gurkeerat Singh and Dr Rajkumar Singh gave an overview of Myofunctional and orthopedic appliances followed by demonstration of construction bite technique.

Day-2

Dr Vinay Chugh and Dr Priyank Rai gave an overview of Pre adjusted edgewise technique, Roth philosophy, MBT technique followed by MBT technique bracket placement.

Day-3

Dr Sanjay Labh conducted a lecture of lingual orthodontics



followed by demonstration and hands on of fabrication of individualized arch form

He also conducted a lecture on self ligation in Orthodontics

Dr Puneet Batra took a lecture on Cleft Orthodontics followed by a demonstration of lip taping and Nasoalveolar molding.

The students were familiarized with different basic orthodontic techniques. They had an opportunity to get a hands on experience of different types of wire bendings in different techniques. Students attained a better understanding of the basics of orthodontic biomechanics.

The lectures were concluded with a felicitation by presenting a memento to the respective speakers and to delegates on the final day of the program













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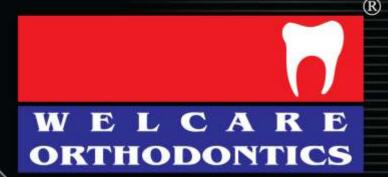


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E-mail: welcareortho2017@gmail.com



















By: Dr. Ankit Sikri (Section Editor)

The 4th Executive Committee meeting of Indian Orthodontic Society was held at National Institute of Social Defence, Dwarka (New Delhi) on May 21st, 2023 amidst the august presence of all the Principal office bearers & EC Members. The meeting started with the Honorary Secretary, Dr. Sanjay Labh adorning the jewels of the office on the President – IOS, Dr. Balvinder Singh Thakkar.

The President called the meeting to order and various agendas were discussed. All the matters pertaining to each and every agenda were discussed and deliberated upon by all the members. The Chairmen of various subcommittees presented their quarterly reports during the meeting. It was a matter of pride and honour for the Indian Orthodontic Society when the Head Office released funds for its members who unfortunately passed away in the recent times (under the aegis of Member Benefit Program)

The highlight of this EC meeting was when Dr. Balvinder Singh Thakkar (President IOS) handed over decorated frames to each and every Executive Committee Member present there in the meeting. The frame had each one's names and designations embedded. Along with that, The President also handed over stoles for all the spouses of EC Members. This was to glorify and honour all the wives who stand strong besides their husbands serving the society.

















ROAR 2023

The 8th edition of
Ramachandra Orthodontic
Accelerated Review was
conducted on
April 3rd to 5th 2023.

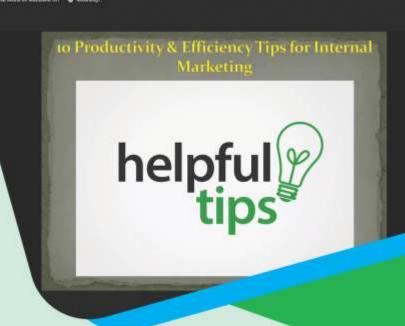
ROAR which has been a part of the IOS calendar for some years now, is a program specially designed to be a rapid review on topics of academic and clinical interest and isintended to be a finishing school experience for exam going PGs and an eye opener for the younger batches. Several distinguished faculty across the country shared their experience and expertise. The unique feature of this 8th edition was a special module on functional appliances with case presentations by students, discussions and demonstrations by faculty of SRIHER. Another interesting aspect was the quiz that the delegates participated in with much gusto with several teams winning prizes.

The programme was inaugurated in the August presence of the President and Hon. Secretary of the IOS ,Vice Chancellor and Dean of SRIHER.











PRACTICE MANAGEMENT WEBINAR SERIES -SESSION Y



The fourth edition of the practice management webinar series – 2022-23 was held on 07.05.23 on the IOS Zoom platform. The speaker was Dr.

Bhavdeep Ahuja from Ludhiana speaking on "Soft skills, ethics code and internal marketing in Orthodontics". The program commenced with the online lighting of the ceremonial lamp. This was followed by the presidential address by President-IOS, Dr. Balvinder Singh Thakkar. The speaker of the day, renowned practice management guru, Dr. Bhavdeep Ahuja was introduced by EC member, Dr. Deena Dayalan. Dr. Ahuja shared wisdom on the much neglected aspect of private practice - soft skills. He emphasised the importance of an ethical approach, which would add value to a practice. After his lecture An E-certificate was handed over to Dr. Ahuja by Dr. Jayesh Rahalkar, President elect-IOS, who appreciated the comprehensive lecture. The Q&A session with the speaker, conducted by EC member, Dr. Amir Sheikh was crisp and insightful. The vote of thanks for the

program was rendered by EC member, Dr. Jaskirat Singh. Dr. Shailesh Shenava, Vice President-IOS, delivered the closing remarks and concluded the program. The program was expertly compered by Dr. Ajay Kubavat, Chairman of the IOS practice management committee with assistance from EC member, Dr. Siddarth Shetty. Dr. Gaurav Gupta, external member, PMC gave expert technical inputs to the committee and Dr. Sakshi Sachdeva helped with background logistics.





Bangalore was in full bloom and at it's beautiful best; living upto its moniker of 'Garden City', as we welcomed more than 230 post-graduates vying for knowledge. Inaugurated by the stalwarts of Orthodontics including Dr.Sadashiva Shetty and Dr.OP Kharbanda, IGNITE spanned three days from 28th to 30th March 2023 in the delightful campus of R V Dental College, Bangalore.

Orthodontics & Dentofacial Orthopedics is a vast ocean where we haplessly sail everyday hoping to explore every shore. As post-graduates, we were often blown off course, our sails failed or in the worst case, we feel like abandoning the voyage altogether. It is at this point that everyone desperately needs a guiding light, much like a lighthouse guiding sailors to safe harbor. As exams approach, it is imperative that we help our students





navigate efficiently and effectively. They should reach their destinations while avoiding tempests in their way.

This was the goal of IGNITE 2023; to help students navigate the huge ocean of knowledge that's available to them. To focus, filter and streamline their learning process with an end goal of excellency in exams and in the long run, their profession. With this goal in mind, lectures at IGNITE 2023 featured high impact topics which helped reinforce & refresh concepts as exams loom large on the horizon. Some of the best and brightest minds featured on the speakers' panel, sharing their wealth of knowledge and expertise to eager young minds. And what a joy it was for seasoned clinicians and students alike, to listen to august academicians like Dr.Sadashiva Shetty, Dr



OP Kharbanda, Dr.Dinesh MR, Dr.Rabindra S Nayak and Dr.Kenneth FH Tan etc. It was a reminder that all doctors remain students their whole life! Focus was not solely on academic concepts as students were also guided on how to best present their answers and tackle stress that invariably

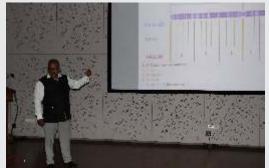


creeps in with any exam. The best testament to the quality of presentations was that, despite marathon sessions, all attendees were actively engaging in the lectures for all three days.

No learning experience can be deemed a success unless there is active participation from the listeners. To this end, IGNITE featured multiple rounds of quiz which actively kept the post-graduates engaged. The quiz rounds were moderated by Dr.Manjunath Hegde and it was encouraging to the see first hand the impressive level of knowledge our students possessed.

The event has been the brainchild of Dr.Prashanth CS, Dr.Akshai Shetty, Dr.Prashantha GS & Dr.Chandrashekar BS and was bought to fruition thanks to hard work from a sincere & dedicated team. The tiniest of embers can spark the most majestic of blazes. IGNITE 2023 has lit a torch that hopefully will be carried on for years to come.













Guest Speaker: Dr. Arun AV and Dr. Pavithra Bai M

Summary of the Program

Department of Orthodontics, Geetanjali Dental & Research Institute, Udaipur under the aegis of Indian Orthodontic Society and in association with Rajasthan Orthodontic Study Group (ROSG) conducted a one-day lecture cum hands on program on "CoGnathon: An Insight into Principles, diagnosis and planning orthognathic surgery on Wednesday, 3rd of May 2023. The guest speakers for the event were Dr. Arun AV, MDS, Mortho currently working in as Professor, Sharavathi Dental College, Shimoga, Karnataka and Dr. Pavithra Bai M, MDS working as the Professor, Hitech Dental College, Bhubaneshwar.

Around 100 delegates inclusive of Staff, post graduate students and private practitioner across Rajasthan and Gujrat had attended enthusiastically for this event. The event was cherished with the presence of Dr. F.S. Mehta, Honorable Vice Chancellor, Geetanjali University, Dr. Balvinder S Thakkar, Honorable President, Indian Orthodontic Society and Dr. Nikhil Verma, Honorable Principal, Geetanjali Dental & Research Institute, Udaipur.

The chief guest Dr. Balvinder Singh Thakkar, Honorable President, Indian Orthodontic Society was welcomed with a memento and sapling by Dr. FS Mehta, Honorable Vice Chancellor, Geetanjali University and Dr. Nikhil Verma, Honorable Dean, GDRI.

The guest speakers of the event Dr. Arun AV and Dr. Pavithra Bai M were also welcomed with mementoes and saplings by Dr. FS Mehta, Honorable Vice Chancellor, Geetanjali University, Dr. Nikhil Verma, Honorable Dean, GDRI and by Dr. Namit Nagar, Professor & Head, Department of Orthodontics, GDRI, Udaipur.

Dr. Balvinder Singh Thakkar, Hon President, IOS also enriched the gatherings through his words of wisdom. The event was organized by Dr. Namit Nagar, Professor and Head, Department of Orthodontics, Geetanjali Dental & Research Institute, Udaipur. Dr. Arun AV started his presentation with basic concepts of care for orthognathic surgery followed by lecture on Diagnosis and recent goals in treatment planning by Dr. Pavithra Bai.

The delegates were benefitted with series of lectures taken by guest speakers on Pre surgical clinical considerations in various skeletal malocclusions, conventional versus surgery first approach, Facial and model analysis COGS, FAB VTO, STO predictions, fabrication of conventional splint versus 3D splints etc. Hands on session on manual two-dimensional cephalometric prediction tracing was performed by every delegate under the supervision of the guest speakers of the event. The event ended with certificate distribution to all the participants, felicitation of the guest speakers and vote of thanks.



WHAT'S NEW AT FLASH?

We recently completed the 7th Online Flash Certification Program and welcomed newly certified Orthodontists to the Flash Family. The program was led by Dr. Dhaval Fadia, Head of Orthodontic Design & Technology at Flash Aligners, and Dr. Neil Andrade, KOL and Platinum Provider for Flash Aligners. We are happy to partner with Orthodontists across India for their Clear Aligners Practice.





The entire Flash team got together in Mumbai for 2 days of exciting knowledge sharing sessions. While the days were packed with training, role plays, insight sessions etc., the evenings were about getting to know each other better and having a good time. With renewed energy, the team is ready to serve the Orthodontic community better than ever before.

DON'T MISS OUT ON THE UPCOMING FLASH SESSIONS

Flash Knowledge Forum

June 2023 - Ahmedabad | September 2023 - Bengaluru | December 2023 - Chennai

Flash Certification Program

August 2023 - 8th Online Flash Certification Program

With our focus on Science & Service, Flash Aligners is proud to present Made in India Aligners.









Interviewed by:

Dr. Ankit Sikri (Section Editor)

@ Sure Align Orthodontix n Dentistry Ambawadi, Ahmedabad



Interview (Virtual):

Dr. Santosh Ramegowda

@ Zoom Platform Bengaluru



Childhood Days

Dr. Ajay Kantilal Kubavat was born on August 17th, 1976 at Jam Jodhpur, Jamnagar (Gujarat). He happens to be the youngest son of Mr. Kantilal B. Kubavat and Mrs. Kailash Kubavat. His father is a renowned Psychologist and a Retired Principal of a college. His mother is an avid home maker. Dr. Kubavat completed his schooling till 8th Standard in Jam Jodhpur and then went on to finish off his high schooling in Junagadh.

The Dentistry Debut

He always wanted to go for the Medicine stream. While preparing for the entrance to the MBBS degree, somehow, he couldn't get through. So he chose Dentistry and during his graduation days, he drew a lot of



interest in the subject of Orthodontics. After that, there was no looking back for him. Later on, he did his post - graduation in the same subject.

Family Life

He stays with both his parents in a joint family. He got married to Dr. Yamini in the year 2004. Dr. Yamini is a Dental Surgeon and they are blessed upon with two sons. His elder son is Arya (aged 17 years) and younger one is Pratyush (aged 14 years). He is the youngest amongst the three siblings with an elder sister Meghna and an elder brother Late Mr. Vijay Kubavat, whom he misses the most in his life since his demise in the year 2016.

Credentials

He completed his post-graduation from prestigious Government Dental College & Hospital, Ahmedabad in the year 2002. Immediately after his MDS degree, he joined a reputed Orthodontist, Dr. Rupesh Godiawala as an Associate from the year 2002 to 2003.

He joined as a Senior Lecturer at Manubhai Patel Dental College & Hospital, Vadodara and worked there until year 2007 and got relieved as a Reader.

In 2009, he joined as the Professor and Head of Orthodontics at Narsinhbhai Patel Dental College & Hospital, Sankalchand Patel University (Visnagar) and till date, he is working under the same capacity.

He also worked as a Honorary Cleft Orthodontist with C.C.I. and Maya Foundation from the year 2008 to 2014. He is also a private practitioner along with his wife since the year 2013. He is the director of Sure Align Orthodontix n Dentistry at Ambawadi, Ahmedabad.

His Role Models

He is truly indebted to Dr. A.F. Bhatia & Dr. Dolly Patel who happened to be his teachers in Government Dental College, Ahmedabad. He is ever grateful to Dr. Rupesh Godiawala who is still his clinical mentor and Dr. Srikrishna Chalasani (Immediate Past President, Indian Orthodontic Society) as a best friend and guide. He feels whatever he is today; it's all because of unconditional support of his parents and wife, who always stood by him in all his endeavours.

The 'Webinar' Revolution

The world went through a phase of lockdown due to COVID – 19 pandemic (majorly in the year 2020). People had no other option than staying in their homes and binge watch on their television sets. Dr. Kubavat then came out with a unique notion which had something constructive in itself.

Initially, the virtual platform, Zoom came under a heavy demand as the majority of the population was working from home only. Being a post-graduate teacher, he was feeling sorry for his students and was rendered helpless. He then conceived an idea to start an online study club and thought to share it with everyone.

He purchased and subscribed a premium Zoom account which could accommodate nearly 1000 people at a time. For the next six months, he kept on subscribing the premium account just for his quest of teaching and learning.

He conducted his first International webinar with one of his alumnus of GDC, Ahmedabad – Dr. Shivam Mehta (University of Connecticut). Initially, he was



hesitant to contact people for lectures but as he had gone through a good number of webinars by then, he muttered up the courage to contact the Who's who of Orthodontics at the international level.

He came across a lot of bigwigs and legends who were kind enough to give their consent to deliver these virtual lectures. They were ready to share their knowledge without any kind of monetary gain. He smiles and says "Loag judte gaye aur Karawaan banta gaya"

He conducted 75 webinars continuously for as many days. The speakers were of international repute and eminence – Dr. Sarvar, Dr. Kravitz, Dr. Bowman, Dr. Fiorelli; to name a few.

Conceptually now, it is being continued as 'Friday Rendezvous' lecture Series and it is in continuation for almost two years now. His future plans are to interview the eminent Orthodontists of India for passing on the intellectual legacy to the future generations and also has a plan to start a podcast on Orthodontics.

Contributions & Achievements

He has been associated with the Indian Orthodontic Society since last fifteen years. The first decade was surely an indirect association where he didn't hold any elective post but was an integral part of many committees. He visited the University of Adelaide for a month in the year 2018 as a part of IOS exchange program.

Since last few years, he has been elected as Executive Committee Member of IOS. He is currently working as the Chairman of Practice management & Ethical Marketing; Member of Academic Council; Member of Member Benefit Program and also the member of National & International Faculty Exchange Program.

He has also started a group on the social media portal, Facebook. It is by the name of "The World Orthodontic Study Club". This group has amassed more than 13,000 Orthodontists across the world. He even has a YouTube channel by the same name "The World Orthodontic Study Club" which has more than 1600 subscribers.

Personally, his biggest achievement is having a beautiful and supportive family. As far as the profession is concerned,

he feels contended to be an Orthodontist viz–a–viz loved by the entire Orthodontic community. He owes all his success to his patients and friends.

Words of Wisdom for the youngsters

He happens to be a strong believer of evidence based force driven rational Orthodontics with a motto of always following KISS principle (Keep it Simple Sir) because he feels that in the land of no evidences, salesman is the king.

He wants to shout it out loud to all the youngsters not to become handicapped by technology and not to become its slave rather use the technology to augment the skills.

"Never be the first by whom new are tried nor be the last to lay old aside. Jai IOS, Jai Hind!"









STUDY GROUP ACTIVITIES

Academic activities of Banaras Orthodontic Study group (BOSG)(Approved by 108)







On May 3, 2023, Banaras Orthodontics Study Group Organized a Guest Lecture by Professor Neal Kedia (Professor, Buddha Institute of Dental Sciences, Patna), at the Orthodontics seminar hall, Faculty of dental sciences, IMS, BHU, Varanasi. The Topic of Lecture was "Contemporary Pre adjusted Edgewise Appliance (MBT Prescription). The convener of Banaras Orthodontic Study group, Professor T P Chaturvedi, (Head Orthodontic Division, Faculty of Dental Sciences, BHU, Varanasi, welcome the speaker. Prof Ajeet Parihar (convener of BOSG) introduced the speaker. The lecture was attended by MDS Orthodontic students of different colleges along with members of Banaras Orthodontic Study Group.



The lecture discussed the brief history of change of perspective of Treatment of Malocclusion. The change in Tip, Torque and Dimension of the bracket and its relevance at modern times were highlighted. Discussed how Edward Angle, Tweed, Anderson and many more have contributed immensely to orthodontics in the

evolution of better treatment plan for malocclusion. It was wisely explained the versatility of MBT prescription, how bracket of this prescription can be interchanged, inverted and shifted in order to have fast and better results. This lecture also discussed new way of etching the tooth, which suggested to etch almost complete surface of tooth instead of the area where bracket is placed, which helped in reducing the chances of development of caries in the tooth. Professor Neal Kedia, also showed Some of



his clinical cases to better demonstrate the effectiveness of MBT prescription. Dr DP Singh member of BOSG thanks the speaker. Dr Diptiman Shukla, Dr Abhinav participated at discussion.

STUDY GROUP ACTIVITIES

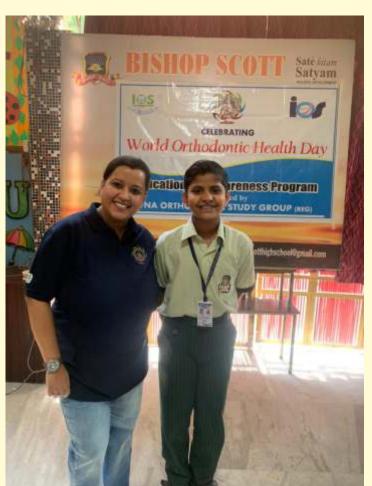
World Orthodontic Health Day 2023 Patna Orthodontic Study group

Patna Orthodontic Study Group (Reg) celebrated World Orthodontic Health Day 2023, by conducting various orthodontic & dental awareness/educational camps in patna and near by districts of patna (Industrial area Fatuha, Govt school Jehanabad, Bishop Scott High school Patna & Mahaveer Cancer Hospital, Phulwari Sharif. More than 200 toothpastes, brushes, mouthwashes and orthodontic awareness pamphlets were distributed.

Our POSG Convenor, Dr. Rashi went on air live with RJ Barkha on Radio City 91.1 FM representing Indian Orthodontic Society & Patna Orthodontic Study Group spreading message about Orthodontists and their key role in diagnosis and treatment planning for braces and aligners.



All members wore same colour T-Shirts which said "My Orthodontist and me smiling together" printed on the back and Indian Orthodontic Society logo on the front.



Dr. (Prof.) Neal Bharat Kedia the Convenor congratulated members of Patna Orthodontic Study Group for conducting entire week awareness and educational programs successfully.

The day ended with pics, reels, cake, music, patients painting competition and our togetherness! The members Dr. Anuradha, Dr. Anushka, Dr. Najibah, Dr. Shalini, Dr. Aditi, Dr. Alok, Dr. Nitu, Dr. Amit Singh, Dr. Ajay Kumar, Dr. Saloni, Dr. Maj Amit, Dr. Richashree, Dr. Goldi, Dr. Shikha, Dr. Abhishek Vardhan, Dr. Jyotirmay, Dr. Pallav Parijat, Dr. Shovendu Jha, Dr. Anand, Dr. Mukesh, Dr. Sukhpreet and few PG Students Dr. Anmol Kedia, Dr. Aayushi, Dr. Prena Todi, Dr. Yash, Dr. Avinash, Dr. Chandan, Dr. Jyoti, Dr. Arfi, Dr. Nancy and Dr. Niharika need special recognition for there contributions.

Senior orthodontists Dr. Rajiv Lal, Dr. Anurag Rai, Dr. Amesh Golwara, Dr. Subhash Chandra gave guidance and stood by us.

Patna Orthodontic Study Group wishes one and all happy world orthodontic health day 2023.





























World Orthodontic Health Day 7 DUCAR

I am Second in Command (Dr) Firdous Ahmad Najar, working as a Dental Officer in Assam rifles (LM4892). I am officer commanding NO. 7 Dental Unit Assam rifles which is in district Tuensang, Nagaland. On World Orthodontic Health Day, I carried out an extensive awareness campaign involving three Schools, Govt Higher Secondary Tuensang, St Jone's Higher Secondary School Tuensang, Assam Rifles High School Tuensang and three military establishments, NO. 7 Dental unit/Hospital Assam Rifles, 28 Battalion AR, HQ 7 Sector AR. Almost 2000 students participated in the campaign and 500 Assam Rifles troops. It took about 4 days of preparation for the event. Children are the future of the Nation. They are real messengers of correct information.

Since this area is an insurgency affected area due consideration was given to the security arrangements. Also an ambulance was on standby for any medical emergency.

First a lecture was conducted at Govt Higher Secondary School Tuensang to increase awareness about Specialist orthodontic Services and Oral Health. It was attended by more than 400 Students, Teachers and Principle. Students were made to understand the different specialities in dentistry.





Growth Modification, Comprehensive treatment and Adult Orthodontics was explained in easily understandable language. WFO prescribed poster and true logo of WOHD without any alteration were used.

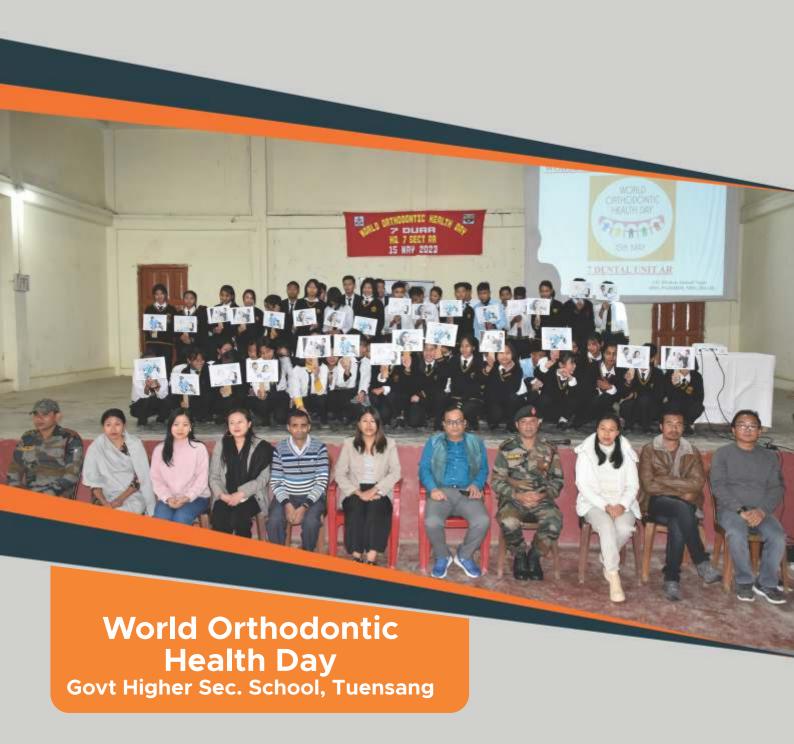
Second event: Awareness march in Tuensang town. Students of St Jone's Higher Secondary School Tuensang and Assam Rifles High School Tuensang participated in the campaign. Although the weather was not conducive, students participated with full motivation and energy.

Third event: Declaration of Dental hospital to increase awareness among masses. Portable dental chair, WFO prescribed posters and the actual logo was used. Since in the military we have people from all the corners of India that is how Rangoli was made in the dental hospital. It took six hours of hard work by two ladies to replicate the actual logo with due consideration to the colours and size.











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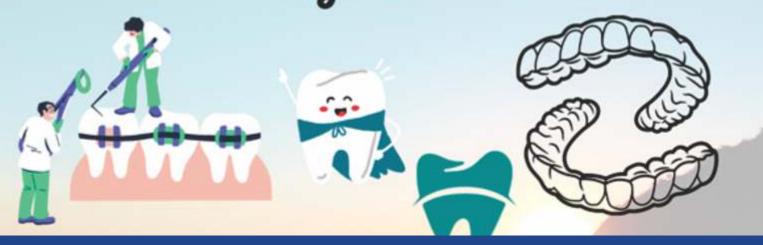
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World Orthodontic Health Day May 15, 2023



On 15th May 2023, the Department of Orthodontics at the esteemed Faculty of Dental Sciences. IMS, BHU Varanasi celebrated World Orthodontic Health Day. The department decorated the department and cut a cake to celebrate. Orthodontics Post Graduate students. undergraduate interns, and teachers gathered and discussed the



present standards for the treatment aspects of orthodontics and their potential future. Faculty teachers instructed students on patient management and treatment goals. The orthodontics section lectured the general population about the need of maintaining oral cleanliness, treating misaligned teeth, and treating misaligned teeth. Attendees and patients were talked about orthodontic therapy and issues that came up when getting braces.

The public was informed of the various treatments that were offered by the orthodontics. Social media was also used to share knowledge and awareness. Better aesthetics and the advantages of maintaining proper dental hygiene were covered. It was discussed how little and significant aesthetic advancements affect teenagers' social lives. After getting the crooked teeth fixed, Ness's social life improved along with her confidence and ability to interact. Additionally, patients were instructed on how to properly inspect their teeth on a regular basis, and numerous treatment-related myths were dispelled in order to improve the doctor-patient connection.







वातावरणीय व आनुवांशिक कारणों से टेढ़े-मेढ़े दांत की समस्या



करमा विज्ञान सकाय में बनारम आजीवाटिक स्टंडी सुच की टेक के घर मौजूद विकित्सक क जामरण

ला विश्व आवीवारंक से उस सीवृद्ध विकास आगरण जातावार्धात आरण्यती : वीव्यक्त के दीन चित्रिक्त विकास वीव्यक्त के अगरावर आवीवार्धिक करती पूर्व को और से बीव्यक्त को विकास आवीवार्धिक के प्रमाना गया। इसमें और देशी अपूर्वाती ने कहा कि देवें मेंगे, अन्यिमात दोत, अबदे को प्रमानक कर मुख्य करण आतावार्ध्याव आतावार्ध्याप्त कारण मुख्य करण से कि से अप्रमान को ताता है। आतावार्ध्याप्त कारण मुख्य करण से के से अगराव कोने, अगराव कुर्व के कारण अगराव कारण स्वाव कीर से अगराव किस्तु के बीव्य की, कारण अगराव किस्तु के बीव्य की, की मह अगराव किस्तु की की बीव्य की,

है तालू एवं को तीह के बारण के का बारण होता है। बार्क कार्य कहिना, देशने में भूत व चेहरा राव लगाना है। जबके व चेहरा राव लगाना है। जबके व चेहरा रावकारा बच्चों में होना से नहीं पाता है। जानुवाणिकी कारण में

मुंह से श्वास लेने, अंगुटा चुराने व कुर्याषण से होती है यह समस्या

माता एवं पिता को यह विक्कत है तो क्यों में भी संभावना अधिक

वादि साता एवं पिता को सह दिककत है तो बच्ची में भी सा विकारत हो संबंधी हैं। इसका प्रशान बच्ची में किसी भी उस में किया जा सकता है। इल्लान के लिए सात स्थल से 20 साल तक का समय प्रथम जे अच्छा होता है। प्रशान किया हो। यह प्रशास का स्थल में तीर पर अवन्यवस्त्र का मेरीस लगावाद स्थान किया बच्ची है। यह मेरिया में एक जाता है। यह मेरिया भी. अजीत परिवार, हा आदि ने भी विश्वार रखें।

वाराणसी और आसपास हुआ सर्वे, समय से इलाज जरुरी, जबहे की समस्या से भी परेशान

बच्चों के दांत टेढ़े-मेढ़े बनारस के 49

पाई विकी विपोर्टर

राणसी। बच्चों में टेड्रे-मेड्रे दांत और जबड़ी की समस्या तेजी से बढ़ी है। गांध के बच्चों की तुलद में उतर में या मन्द्रण ज्याद देखने को फ़िल तरी है। आंकड़ों पर गीर करें तो पांच में 12 साल तक का हर दूसरा कथा ऑफीडॉन्टक

तक के हर दूसरों क्या असेवडाटक काममा से संस्ताद है। सेरावार् के देश सकार में इसका इसात असाती में हो करता है। मेरावार के पूर्व देश संकार प्रमुख दे देशिय कार्युक्त के देशक में बकारत के असमास सर्वें में पार प्रश्न कि टेडे-मेडे दोड़ व जनाई की समस्ता में 49 फीमदी बच्चे परेशान हैं।इसका मणलब हर दूसरा बच्चा ऑपॉडॉन्टिक (टेड्रे मेड्रे टॉन ब जबहै) की मामना से परेशन है। अमेरिका में यह 70 फीसरी और पूरेप में कई ज़तहों पर 75 फीमदी है। भारत में सर्वे में पाना गया है कि ऑओडॉन्टक दिकाती से कामी के चेहरे का विकास द्वित वरीके से महीं हो पता है।

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बीएपायु के दंश विकित्सा संकाय में ऑर्थीडॉन्टिक है के दौरान डॉक्टर। संवाद

किसी भी उम्र में हो सकता है इलाज

सकता है इंट्रांजि के कारों ने मालत कि इस मानवा का इस्ता बच्चों में किया के में किया जा सकता है। इस्ता के स्ति 2 माल से 20 माल के बा सब्दा मानवे अच्छा होता है। इसके शिव होता का विकोप की पर उन्तावीय का बेदेसा सावकर इस्ता किया जाता है। हमसे कहा मानेते से जीन साल तक का मानवा तक मानवा है। अस्तिवाजियमा नावा देंदियों की सुवस्मीताजीय है। अस्तिवाजियमा नावा देंदियों की सुवस्मीताजीय के स्मित्तालय को अस्तिवाजियमा कर्का है। अस्तिवाजियमा ने एसडीएसर उन्ताव के हैं। अस्तिवाजियमा ने एसडीएसर उन्ताव के हैं। अस्तिवाजियमा ने

मनाया गया आंथोडान्टिक हे

15 वर्ष को पूर्व विकास में मान्यों और विक्रिय है समझ्य आता है। तो मान्या को बीहरपूर्व के दोन विक्रिय कर मेंबाय के अपनी प्रियम मान्या पता है। तो देश के प्रतिकृति की मान्या पता हमा देशन को ती विक्रिय की मान्या पता हमा देशन को ती विक्रिय की मान्या की विक्रिय की मान्या की विक्रिय की वि

अनुवाशिकी होती है समस्या

हों. मुक्कि में कारण कि इस कीमारी का सुरक्ष काएण वाहरावाण कर प्रचल और अनुवासिकों तहा है। वाहरावाणि कारण में युद्ध से सांस होने. अंग्रह सुमारे, कुनीया, तीम की समाध्य पर राज्य कर से सुमार विराद से होता है। करें तहा तोर होंड के सारण भी प्रध्यान होता है। हससे तहाने में कडिनाई हेना में जुड़ के पीड़ा कारण वरणा है। जबाई क बोरों का निकास बाता में दोड़ा से पड़ी हो पार है। बाता विद्या को होने पर बच्चों को भी वहा दिखाता हो। तहाही है।



बीएचयू में मनाया गया वर्ल्ड ऑथॉडॉन्टिक डे



वाराणसी। बीएचयु के दंत चिकित्सा संकाय सभागार में वर्ल्ड की सोमवार ऑथॉडॉन्टिक डे मनाया गया। बनारस ऑथीडॉन्टिक स्टडी गुप के बैनर तले आयोजित कार्यक्रम में वक्ताओं ने कहा कि हर साल

15 मई को समूचे विश्व में यह दिवस मनाया जाता है। आयोजन के दौरान इलाज कराने आए बच्चों और उनके अभिभावकों को इस बारे में जागरुक किया गया। वक्ताओं ने कहा कि आंधींडॉन्टिक्स शाखा डॅटिस्ट्री की सुपरस्पेशलिटी है, जिसमे टेंद्रे-मेंद्रे अनियमित दांत, जबड़े और चेहरा को ठीक किया जाता है। इसके स्पेशलिस्ट की ऑथॉंडॉन्टिस्ट कहते हैं। टेढ़े-मेढ़े, अनियमित दांत व जबड़े का मुख्य कारण प्रमुख रूप से वातावरणीय और आनुवाशिकी होता है। वातावरणीय कारण मुख्य रूप से मुंह के स्वांस लेने, अगूज चूसने, कुपोषण, जीभ की बनावट व गलत ढंग से खाना निगलने से होता है। कटे तालू एवं कटे होठ के कारण भी यह समस्या होती है। इससे खाने में कठिनाई, देखने में मुह व चेहरा खराब लगत है। जबड़े व चेहरे का विकास बच्चों में ठीक से नहीं हो पाता है। आनुवाशिक कारण में यदि माता एवं पिता को यह दिक्कत है तो बच्चो में भी यह प्ररेशानी ह सकती है। वक्ताओं ने कहा कि इसका इलाज बच्चों में किसी भी उम्र में किया ज सकता है। लेकिन सात साल से 20 साल तक समय इलाज के लिए सबसे अच्छ होता है। इसके लिए दांत पर विशेष तौर पर अप्लायंस या ब्रेसेस लगाकर इलाउ किया जाता है। इलाज में छह माह से तीन साल तक समय लग सकता है कार्यक्रम में बनारस ऑथॉडॉन्टिक स्टडी ग्रुप के संयोजक पो. टीपी चतुर्वेदी, प्र अजीत परिहार, डॉ. विपुल शर्मा के अलावा इसमें ऑथोंडॉन्टिक एमडीए विद्यार्थियों ने भाग लिया।

Teerthanker Mahaveer Dental College and Research Centre, Bagadpur, U.P.



DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS



WORLD ORTHODONTIC HEALTH DAY

15 MAY, 2023



Department of Orthodontics and Dentofacial Orthopedics, Teerthanker Mahaveer Dental College and Research Centre, Bagadpur, District- Moradabad, U.P. celebrated 'WORLD ORTHODONTICS HEALTH DAY' on 15th of May 2023 by the invaluable support and guidance of Shri Suresh Jain, Chanceller, TMU and Shri Manish Jain, Group Vice Chairman, TMU, Dr. Manish Goyal, Principal TMDCRC and Head of Department of Orthodontics & Dentofacial Orthopedics, Dr. Mukesh Kumar, Professor, Department of Orthodontics & Dentofacial Orthopedics. The program was also graced



by the presence of Dr. Manjula Jain, Dean Academics, TMU.

On this occasion various events were organized by the department which included Slogan competition



(related to orthodontics awareness) and 3D wire bending competition. Both under graduate and post graduate participated enthusiastically in the competitions.

As the World Federation of Orthodontists say that "The World Unites When People Smile" and WOHD is celebrated to mark global celebration of Orthodontics and healthy smiles. So, here is a small description about how we celebrated this day.



It is my pleasure to inform you that an initiative was taken to create awareness for orthodontic treatment. For the same, slogan competition was held and many interesting slogans were made by undergraduate students.

3D wire bending competition was also organized as a fun activity and to arouse excitement amongst the budding Orthodontists ie; post graduate students from the Department of Orthodontics & Dentofacial Orthopedics.



I am glad to report that marvelous pieces of art were submitted by students. After an adept computation, the winners were selected by Dr. Manjula Jain and Dr. Manish Goel.



After the decleration, the winners were awarded with the certificates. It was a great program and the involved staff members and students made it successful. Many such programs along with CDE programs and many events gets organized by TMDCRC under the invaluable guidance of Dr. Manish Goyal, Principal, TMDCRC and we intend to continue this in future too. So, I am hereby submitting the report of various events organized to commemorate the World Orthodontics Health Day along with photographs.





WORLD ORTHODONTIC HEALTH DAY

SARDAR PATEL POST GRADUATE INSTITUTE OF DENTAL AND MEDICAL SCIENCES LUCKNOW Orthodontic Study group of Lucknow celebrated the World Orthodontic Health Day with enthusiasm. The focus this year was to raise awareness about the role of a professional orthodontist and discouraging Direct to Consumer Aligners amongst the masses.

Orthodontic Postgraduate Departments of Different Dental Colleges in Lucknow marked 15th May, 2023 and celebrated World Orthodontic Health Day by organizing different public awareness activities.

The past conveners of OSGOL Dr.Sudhir Kapoor, Dr. Ragni Tandon and Dr. Rana Pratap Maurya gave their support and guidance to the new conveners of OSGOL Dr. Ram Autar, Dr. Raj Kumar Jaiswal and Dr. Sulabh Grover who did a great job of co-coordinating with the Heads of different orthodontic departments to celebrate and mark WOHD in their respective Institutes.

At Sardar Patel Post Graduate Institute of Dental and Medical Sciences, Lucknow the Department of Orthodontics was well decorated and a Rangoli was made to mark and celebrate the World Orthodontic Health Day. Dr. Jitendra Bhagchandani, Head of Department organized public awareness related activities in the form of digital posters and all the orthodontic consultants clicked pictures with their smile ambassadors flaunting their braces to stick with theme of WOHD, 2023 "Me and My Orthodontist Smiling Together". Free samples of mouth rinses and prophylactic pastes were also distributed to patients who visited the Department of Orthodontics for their regular follow up. The day ended with a Cake Cutting ceremony amidst the esteemed members of the management followed by Lunch.

Dr. Gulshan Kumar Singh, Head, Department of Orthodontics, KGMU organized a lecture on "Why Orthodontics..Follow your Dream" for budding post graduates by an eminent orthodontist of Lucknow Dr. Arvinder Singh. Senior professionals like Dr. Pradeep





Tandon were also present on the occasion. The lecture elaborated on health benefits of Orthodontic therapy besides creating a harmonious smile and also the digital transformation of orthodontic appliances.

Dr Ram Autar, Head of Department at Career Dental College organized lectures for under privileged children's to enhance their knowledge on the outcome of orthodontic treatment. Posters and Rangoli competition was also organized in the institution to raise awareness amongst masses.

Chandra Dental College, Lucknow, under the guidance of Dr Shirish Srivastava organized an E Poster competition about "Facts to know about Orthodontic treatment" along with Tree plantation and Rangoli.

Department of Orthodontics and Dentofacial Orthopaedics at Saraswati Dental College under the Headship of Dr Ragni Tandon organized a wire bending competition for students of BDS final year and interns. A Reel-making Contest was also organized for post-graduate and under graduate students raising awareness about orthodontic treatment amongst general public. A lecture was also delivered in Saraswati Nursing College for creating awareness regarding orthodontic specialty. Informative sessions were organized for patients and a quiz competition for students was also organized in the department. The celebrations ended with refreshments for all the students and faculty.

-लखनऊ ऑर्थोडॉन्टिक स्टडी ग्रुप ने दो स्थानों पर आयोजित किये कार्यक्रम



World orthodontic health day was celebrated by the Department of Dentistry at Dr RMLIMS, Lucknow. On this occasion an awareness program on importance of orthodontics was conducted by Dr Shally Mahajan and Senior Resident Dr Babita Yadav amongst the patients visiting the Department. They also along with a team of medical interns went to the rural area, and oriented general public by distributing pamphlets at the PHC centre and delivered a lecture on importance at the Government primary school ujjario. Free gifts, toothpaste samples and medicines were also distributed to all the students and faculty of the school.

All in all a day well spent and celebrated.





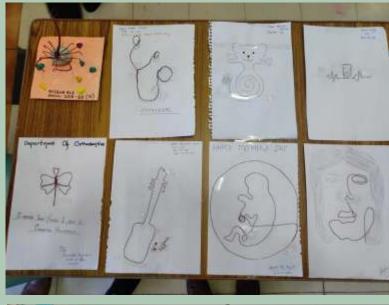




















राम मनोहर लोहिया हॉस्पिटल के दंत चिकित्सा विभाग द्वारा डॉ आरएमएलआईएमएस



द टाइम्स ऑफ लेजेंड

लखनऊ। विश्व ऑथोंडोंटिक स्वास्थ्य दिवस मनाया गया। इस अवसर पर संस्थान से डॉ शैली महाजन (प्रोफेसर), डॉ बबीता यादव (एसआर) और मेडिकल इंटर्न की एक टीम डॉ. पीयूष तिवारी, डॉ. अनामिका सिंह, डॉ. योगेश वर्मा, डॉ. जय पासी, डॉ. पद्मजा रानी (पीएचसी केंद्र की मुख्य प्रमुख, उज्जरिओ) के साथ मिलकर ग्रामीण क्षेत्र में गए और वहा के लोगो और बच्चो का अभिमुखीकरण किया एवम ऑथोंडॉन्टिक्स के महत्व पर

आयोजित जागरूकता कार्यक्रम किया गया। पीएचसी केंद्र तथा राजकीय प्राथमिक विद्यालय उज्जारियो पर पैम्फलेट बांटकर जनता को जागरूक किया और दांतो के महत्व पर व्याख्यान दिया। राजकीय प्राथमिक विद्यालय की प्रधानाध्यापिका श्रीमती सरिता शर्मा. डॉ सुमन मिश्रा (अध्यापिका) सहित उनके छात्र-छात्राओं ने बडे उत्साह के साथ भाग लिया। स्कूल के सभी छात्रों और फैकल्टी को मुफ्त उपहार, ट्रथपेस्ट और दवाइयां भी वितरित की गई।

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WORLD ORTHODONTIC HEALTH DAY IN ASSOCIATION RAJENDRA INSTITUTE OF MEDICAL SCIENCES, RANCHI

DENTAL INSTITUTE, RIMS, RANCHI is an undergraduate Dental College in Jharkhand. The first batch of BDS students were enrolled in 2017. This is the first time when Orthodontic awareness program has been organized to celebrate WORLD ORTHODONTIC HEALTH DAY on 15-05-2023 by our Department of Orthodontics and Dentofacial Orthopedics to spread awareness about orthodontic treatment and its impact on one's life ,among the students and the general public. All the BDS students and interns took part with a lot of enthusiasm and joy in creative wire bending, face painting, poster making and rangoli competitions.

I am sending a compilation of the glimpse of the events in the pdf format in the attachment folder along with pics of the events. Dr Anurag Rai ,Prof and Head ,Patna Dental College and Hospital graced the occasion and judged the events. Kindly find the same.















































WORLD ORTHODONTIC HEALTH DAY INDEX INSTITUTE OF DENTAL SCIENCES INDORE (MP)

World Orthodontic Health Day 2023 was celebrated in the Department of Orthodontics and Dentofacial Orthopedics, at Index Institute of Dental Sciences Indore (MP), Malwanchal University, on 15th and 16th May 2023.

On 15th May, the celebration commenced with the competitions with the theme "Trends in Orthodontics" under various categories like Eposter, Meme, Slogan, and Orthodontic Models.

On 16th May, to commemorate this special occasion, Dr. Virag Bhatia was invited as a chief orator for this event, he delivered a guest lecture on 'Orthodontic Management of Cleft Lip and Cleft Palate from Birth to Adulthood."

The lecture was enlightening and thoughtprovoking. Following this, the prize distribution was carried out for the winners with certificate distribution.

This memorable event came to an end with a vote of thanks delivered by Dr. Himanshu Kanungo, Professor and Head of the Department.

Respected Dean Dr. Satish Karandikar, all the Head of the Departments, Dr. Himanshu Kanungo, Professor Dr. Mukesh Gupta, Professor Dr. Kratika Mishra, Associate Professor Dr. Akanksha Soni Assistant Professor along with Undergraduate and Post-graduate Residents celebrated the World Orthodontic Health Day with great enthusiasm. Students actively participated and contributed to the success of the event.













World Orthodontic Health Day, SIBAR Institute of Dental Sciences

On the glorious occasion of World Orthodontic Health Day 2023 celebrated on the 15th of May, the Department of Orthodontics and Dentofacial Orthopedics, SIBAR Institute of Dental Sciences had organized distinctive programs portraying the potential and pride of the Orthodontist fraternity.

The week-long celebration was launched with an Oral Health Awareness program among the patients who visited the Institute endorsing the importance of oral health, that was followed by the distribution of Oral hygiene kit to the participants. Our department has always endeavoured in rendering community service to the underprivileged. As a reaffirmation, the department delivered



Functional Appliances free of charge for the patients who required growth modification therapy and visited our Institute during the week of celebration.

An enrichment program on the significance of Orthodontic health was conducted by the faculty of Department of Orthodontics and Dentofacial Orthopedics among the undergraduate students which was accompanied with an Oral screening program. An e-poster competition was conducted among the students of third and final year BDS to kindle their interest and enhance their clinical proficiency in the field of Orthodontics.

To top it all, the Department faculty, Post-graduate residents, Interns and the assistants enthusiastically participated in the Clinic and Department of Orthodontics Decoration Contest held by the esteemed Indian Orthodontic Society. The department and the clinic were ceremoniously lit with balloons, garlands and posters. A photo booth was set up for the students and patients to take snaps of their proud smiles. A magnanimous Rangoli art enhanced the ambience of the department. With cheer in the air and joy in the heart, we stand together as proud orthodontists, straightening smile.









WORLD ORTHODONTIC HEALTH DAY,

Regional Dental College, Guwahati

Celebration of World Orthodontic Health Day was finally concluded by Guwahati OSG along with Department of Orthodontics, Regional Dental College with patient awareness program in form of lecture and fash mob, reel and slogan



competition among all the students of the dental colleges of Assam, cake cutting and finally visit to the shelter home under Indian Council of Child Welfare, Assam State Branch for dental screening, free lunch distribution. It was indeed a great experiences to see the happy little faces. Also three girl students who did well in Class 10 board exam was also felicitated.











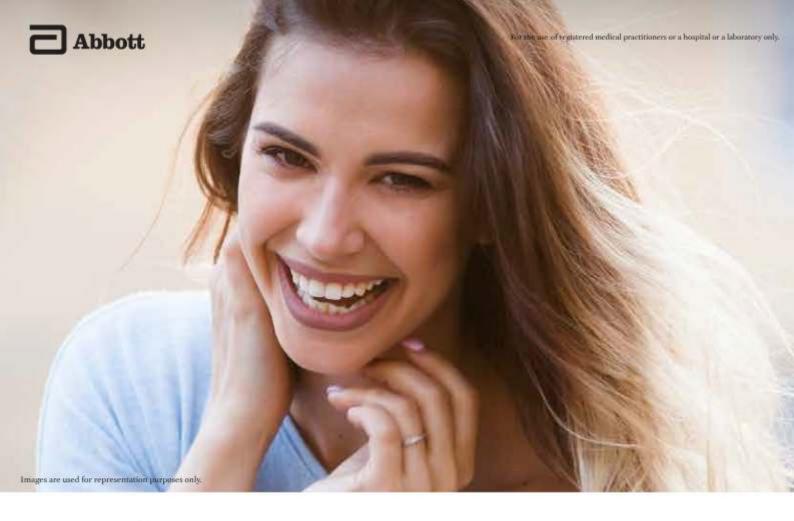












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Remineralising enamel¹. Restoring smiles.



Restores colour of WSLs to normal enamel²



Increases hardness of intact enamel³



Re-hardens softened demineralized enamel⁴



Actively neutralizes plaque acid⁵

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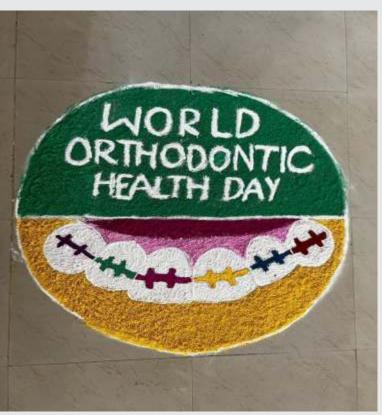
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World Orthodontic Health Day

at Anil Neerukonda Institute of Dental Sciences-Visakhapatnam.







Warm wishes from the Department of Orthodontics. We are happy to inform the head office that World Orthodontic Health Day was celebrated in an immoderate way in our college. We herewith bring the report of the activities and events conducted in our college during the Orthodontic week. The following events were held from 15th -17th May, 2023. Opening ceremony: The Orthodontic week was commenced with an opening ceremony held on 15th May 2023 in Anil Neerukonda Institute of Dental Sciences-Visakhapatnam. Program was started with a prayer song by Interns and followed by lamp lightening. Dr. Uday Kumar Digumarthi, Professor and Head of the Department, EC member - Indian Orthodontic Society presided over the function. He addressed the occasion with an introductory speech on the foundation of Orthodontic Society and the base for the celebration of World Orthodontic Health day. The principal and various Heads and staff of all the departments were invited. A few patients who are undergoing orthodontic treatment were invited to share their personal experiences and the program was led further with cake cutting by postgraduate students.

The following are the different events organized during the whole orthodontic week.

15th May: wire bending competition was conducted for undergraduate students on orthodontics.

16th May: Screening camp was conducted by our Postgraduates at Engineering College, near Thagarapuvalasa. During the camp session, awareness about orthodontic treatment was elaborated by Dr. Uday Kumar Digumarthi, Professor and Head and Dr. Tarakesh Karri, Reader, Department of orthodontics.

17th May: Valedictory function was held on 17th May and prizes were distributed to the winners. Vote of thanks was given by Dr. Anil Chirla, professor, Department of orthodontics

The Department was decorated on festive mood all the three days and please find here with videos and photos of the activity attached.













WORLD ORTHDONTIC HEALTH DAY, BUDDHA INSTITUTE OF DENTAL SCIENCES AND HOSPITAL, PATNA, BIHAR



World orthodontic health day is a perfect day and time to know in detail about your orthodontist and the type of care they provide. We would like to take an opportunity that on this special day that we created awareness about what an orthodontist can do. The whole programme was organised at Buddha Institute of Dental Sciences and Hospital, Patna, Bihar. Awareness was created in terms of role of an orthodontist in handling cleft lip and palate cases, syndromic patient,



mentally disabled patient, orthognathic surgery and various other aspects related to orthodontics. This helped our patient to solve many of their queries. Special offers were provided on this day along with it gift hampers were distributed. We tried to fulfil the real means of slogan "World unites when people smile" given by World Federation of Orthodontist. Any event cannot be successful without the team work. So, as Head of department I Dr. Amesh Kumar Golwara would like to thank my team member Dr. K.H Sudheer, Dr. Neal Bharat Kedia, Dr. Rashi Chauhan, Dr. Sovendu Jha, Dr. Anjali Koul. Dr. Pallavi Kusum, Dr. Richa Shree, Dr. Gunjan Kedia and Dr. Amit Kumar.



WORLD ORTHDONTIC HEALTH DAY, SRM Dental College, Kattankulathur CHENNAI



The Department of Orthodontics at SRM Kattankulathur Dental College celebrated World Orthodontic Health Day with great enthusiasm and creativity. The event featured various activities aimed at raising awareness about orthodontic health and promoting oral hygiene.

To kickstart the celebrations, a flash mob was organized, where a group of students performed a synchronized dance routine in a public area. The flash mob not only attracted attention but also served as a fun and engaging way to capture people's interest in orthodontics.

Following the flash mob, Prof and Head Department of Orthodontics, SRM Kattankulathur Dental College and Hospital Dr. Deepak Chandrasekharan has given speech creating awerness about orthodontic treatment and importance of orthodontic treatment. Dean Dr. N. Vivek has addressed the gathering regarding the facilities available at SRM Kattankulathur Dental college for creating beautiful smiles, followed by orthodontic awareness rally took place. Participants, including students, faculty members, and volunteers, marched through the SRM University campus, holding banners, posters, and placards

promoting the importance of orthodontic health. The rally aimed to reach a wider audience and spread awareness about the benefits of orthodontic treatment and proper oral care practices.

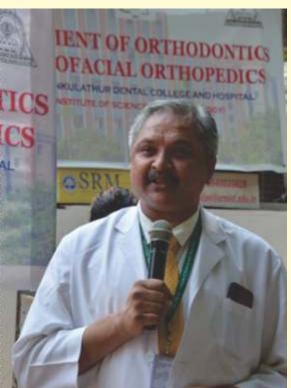
In addition to the flash mob and rally, the Department of Orthodontics organized pamphlet distribution as part of their awareness campaign. Pamphlets containing valuable information

about orthodontics, types of braces, and the significance of maintaining proper

dental alignment were handed out to the public. This initiative allowed for direct communication and education about orthodontic health.

The World Orthodontic Health Day celebrations by the Department of Orthodontics at SRM Kattankulathur Dental College showcased their dedication to promoting oral health and creating awareness about the role of orthodontics in maintaining a healthy smile. The combination of a lively flash mob, an impactful rally, and informative pamphlet distribution ensured that the message reached a wide audience, empowering individuals to prioritize their oral health and seek appropriate orthodontic care when needed.









Nopkshop on

"A-Z on In-House Aligners"

"A-Z on In-House Aligners" a complete Hands-on workshop on In-Office Manufacturing of Clear Aligner was successfully conducted on 4th and 5th April, 2023 by Dr. Prof Gurkeerat Singh from Sudha Rustagi college of Dental Sciences, Faridabad and Dr. Prof Ajit Jaiswal from Baba Jaswant Singh Dental College, Ludhiana. The workshop was conducted at Buddha Institute of Dental Sciences and Hospital, Patna. The programme was inaugurated by Dr. Prof Binoy Kumar Singh, Chairman of the hospital, Secretary R. K. Singh, Principal Dr. Prof Ujjal Chatterjee, Dr. Prof Surendra Prasad, Head of dept. of Orthodontics Dr. Prof Amesh Kr. Golwara, Dr Prof Neal Kedia & Dr Prof. K.H.Sudheer. Dr. Rashi Chauhan and Dr Souvendhu jha has preceded the programme.





THE WORKSHOP

This two-day workshop comprised an insight into how to treat simple and complex cases with in-house aligner and a Hands-on demonstration of various steps involved in aligner fabrication.

The workshop began with a comprehensive lecture covering the basics and biomechanics of aligner treatment and detailed discussion on attachments which included how to choose Attachments and when and where to place attachments of various shapes and sizes. The programme included a clinical demonstration of attachment placement, Aligner delivery protocols, thermoforming, finishing, and packaging demonstration. The delegates got insight of exciting software like ArchForm and Chitubox for detailed and accurate model analysis and treatment planning. First set of aligner to patient was delivered under supervision of Dr. Richashree, Dr. Pallavi Kusum, Dr. Anjali Kaul and Dr. Major Amit.







Dr. K.H.Sudheer felicitating Dr. Amit Jaiswal with Certificate of Appreciation



Dr. Amesh Kumar Golwara felicitating Dr. Gurkeerat Singh with Certificate of Appreciation





TREATMENT OF CHALLENGING MALOCCLUSIONS WITH DAMON PHILOSOPHY PUNE ORTHODONTIC STUDY GROUP EVENT ON 21st May 2023



Pune Orthodontic Study Group upholding the tradition of conducting good scientific sessions conducted a full day symposium on Damon Philosophy in association with Ormco India. The resource persons for the program were Dr CS Ramachandra and Dr Ajit Kalia. The program covered the Damon philosophy in detail from its basics to treating complex malocclusions with TADs and other adjunctive procedures. It was a treat to see beautifully finished and managed cases by both the speakers who are excellent clinicians. The symposium was was well attended with delegates from different parts of the country. The seminar began with a welcome message by ormco team followed by the introduction of Dr Cs Ramachandra by Dr Gaurav Gupta (Chief Convenor, POSG) who also welcomed all the delegates and many senior members of IOS who were present for the symposium. POSG is thankful to all for their esteemed presence. Post Lunch Dr Ajit Kalia was introduced by Dr Anand Tripathi (POSG convenor) followed by a fruitful Q and A session at the end of the program. Scientific sessions, training and learning continue, helping us all learn and implement something new in our clinical practice. POSG is thankful to Ormco for facilitating this symposium for the benefit of our members. Looking forward to more programs like this











KLE Society's Institute of Dental Sciences, Bengaluru

Department of Orthodontics and Dentofacial Orthopaedics

Department of Orthodontics and Dentofacial Orthopaedics, KLE Society's Institute of Dental Sciences, organized a one-day Hands-on program with lecture series on 4th may 2023. The event was conducted in association with the Bangalore Orthodontic Study Group. The event was attended by 85 delegates.

The program commenced on 4th may, 2023 with registration of participants followed by inaugural ceremony. The inauguration was attended by Dr. Srivatsa G (Hon'ble Dean ,KLEDC), Dr. Sumitra (Professor and Head of Dept. Orthodontics and Dentofacial Orthopaedics, KLEDC), Dr. Anup Belludi (Chief Convener of BOSG), Dr. Om Prakash Kharbanda (Guest



speaker, Pro vice chancellor Health Sciences, Ramaiah University of Applied Sciences), Dr. Rajiv B (Guest speaker, All India Institute of Medical Sciences, New Delhi, Dr. Virendra Kumar (Guest speaker, Central Scientific Instruments Organization (CSIR-CSIO), Chandigarh), Dr. Silju Mathew (Hon'ble Dean, Faculty of Dental Sciences, Past president of IOS), Dr. Praveen M (Organising committee), Dr. Sujala D (Organising committee), Dr. Shreya Naik (Organising committee) along with all the participants. The scientific session began at around 10.00 am and continued till 4.00pm. Each lecture was followed by a hands-on session on downloading and working of the AutoCEPH Software. The sessions were very interactive with discussion amongst the speakers and participants.



















INDIAN ORTHODONTIC SOCIETY 8

DEPARTMENT OF ORTHODONTICS & DENTOFACIAL ORTHOPAEDICS







DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES BENGALURU





In Association with







BANGALORE ORTHODONTIC STUDY GROUP

Presents

NATIONAL TRAINING PROGRAM IN CLEFT & CRANIOFACIAL ORTHODONTICS

with Hands-on-Training
VENUE

DAYANANDA SAGAR COLLEGE OF DENTAL SCIENCES AUDITORIUM Date: 4th & 5th August 2023, Pre-Conference for Pg's on 3rd August 2023

Namma Bengaluru, regarded as the "Silicon Valley Of India" Is definitely a sight for sore eyes with its diverse culture. From filter coffee to Starbucks, local chats to Resto-Bars, we have it all! Not to mention the pleasant weather and mesmerizing beauty of our garden city.



TOPICS SPEAKERS

Bone Anchored Maxillary Protraction.

Dr. Daniela Garib
President,
Foundation of Bauru Dental Education,
São Paulo, Brazil



Taming the protruding premaxilla and handling of large defects in bilateral cleft.

Dr. Maria Costanza Meazzini Adjunct Professor in Craniofacial Anomalies University of Milano, Italy



Alt - RAMEC in Cleft Maxillary Protraction.

Dr. Narayan Gandedkar

Lecturer, Orthodontics & Paediatric Dentistry,

Linuxersity of Sydney School of Dentistry



Gingivo- Periosteoplasty: Predictors for Success.

Dr. Elcin Esenlik
he Chair of the Department of Orthodontics
Akdenia University Antalya (Turken)



Cleft management protocol from pre-birth to Adulthood: Secrets of successful outcomes.

Dr. OP Kharbanda
Cleft Orthodontist
Past president, Indian society of CLCP & craniofacial anomalies.
Pro VC of Health Sciences, RUAS



Presurgical Infant Orthopedics: Where are we today?

Prof. Dr. Puneet Batra Principal, Manav Rachna International University Past president, Indian society of CLCP & craniofacial anomalies.



Preparation to Execution of a successful Cleft Orthognathic.

Dr. Sherry Peter
Former Clinical Professor at AIMS,
Director of Fellowship in Cleft and
Craniofacial Surgery



Secondary deformity correction in unilateral and bilateral cases with surgical and non surgical management.

Dr. Sarojini Joseph Consultant Orthodontist St. Johns medical College & hospital, Bangalore.



TOPICS SPEAKERS

Secondary Alveolar Bone grafting: A surgeons Perspective.

Prof. Dr. Krishnamurthy B Director of Fellowship in Cleft, BIDS, Bangalore



Challenges in handling Secondary Deformities.

Dr. Sunil Richardson Director, Richardsons face hospital, India



Challenges in Distraction Osteogenesis in Cleft Patients.

Dr. Jayanth S Head, Cleft Care centre Rangadore memorial hospital, Bangalore



Primary Surgery of the Lip and Palate.

Dr. Preetham Shetty Consultant, cleft care centre Bhagwan Mahaveer Jain hospital, Bangalore.



Orthodontics in the Permanent Dentition.

Dr. Sukhdeep KahlonProfessor and HOD of Department of orthodontics at SGROIDSR, Snamritsar



Orthodontics in the Mixed Dentition.

Dr. Virag BhatiaCleft orthodontist & Assistant
Professor, Govt. College of Dentistry
Indore



Complications associated with NAM.

Dr. Tradib Jayapal Director, Pariyaram Cleft clinic. Kerala



Modifications and innovations in NAM.

Prof. Dr. Ashith M Varadaraj
Professor
Department of Orthodontics & Dentofacial Orthopaedic
MCODS, Mangalore



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Dr. Chandrashekar B S Convenor **Dr. Raghunandan C**Convenor

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Dr. Jayanth N R Co-Scientific Chairman

HIGHLIGHTS OF THE PROGRAM

PRE-CONFERENCE PROGRAMS - 03/08/2023*

- Competitive PAPER/POSTER presentations for post graduate students.
- Quiz competition for postgraduate students.
- * Further guidelines for Paper/Poster presentations and Quiz participation will be released shortly.

CONFERENCE - 04/08/2023 and 05/08/2023

- Keynote address and renowned International/National guest lectures via Hybrid mode.
- Symposium and Panel Discussion Dr. Krishnamuthy B, Dr. Puneet Batra, Dr. Sherry Peter, Dr. Akshai Shetty
- Hands-on workshop on Cleft Care in Orthodontics Dr. Puneet Batra, Dr. Virag Bhatia, Dr. Ashith A V



REGISTRATION FEES							
IOS & AOMSI	Till 31st May, 2023	1st June – 11th July, 2023	Spot Registration 6000/-				
Student Life Members	4600/-	5600/-					
Life Members	5000/-	6000/-	6600/-				

MODE OF PAYMENT

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REGISTRATION DETAILS



Registration link -Please click this link / Scan QR for registration https://forms.gle/SrkNsy7iWiEYHnN66





For Registration Details & Queries, Contact:

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Dr. Meenakshi Vishwanath Elected to the Board of Directors of The American Board of Orthodontics

Meenakshi Vishwanath, B.D.S., M.D.S., M.S., of Lincoln, Neb., has been elected to the board of directors of the American Board of Orthodontics (ABO). The election took place April 21 at the American Association of Orthodontists (AAO) House of Delegates meeting in conjunction with the 2023 AAO Annual Session in Chicago.

The ABO directors are responsible for establishing policy with regard to the board certification of specialists in orthodontics. Each ABO director represents one of the eight constituent organizations of the AAO and serves an eight-year term, which culminates in the position of president. Dr. Vishwanath, who represents the Midwestern Society of Orthodontists (MSO), will become president of the ABO in the 2030-2031 year.

Dr. Vishwanath is currently an assistant professor at the University of Nebraska Medical Center College of Dentistry, with an anticipated promotion to associate professor with tenure in July 2023. She is also the program director of the graduate orthodontic program. She joined the university in 2017 and became program director in 2021.

Educated in the U.S. and India, Dr. Vishwanath earned her B.D.S. in dental surgery from Pondicherry University-Mahatma Gandhi Postgraduate Institute of Dental Sciences in Pondicherry, India, and then completed her M.D.S. in orthodontics from Rajiv Gandhi University of Health Sciences-SDM College of Dental Sciences, Dharwad, India. For the next four years, she served as an assistant professor in the Department of Orthodontics at The Oxford Dental College & Hospital as well was in private practice in Bangalore, India. In 2009, she earned the membership in orthodontics from the Royal College of Surgeons in Edinburgh, U.K.

Dr. Vishwanath came to the United States in 2012 and completed fellowships in orthodontics at the

University of Texas Health Science Center in San Antonio and the University of Connecticut. She obtained an M.S. degree and certificate in orthodontics from the University of Connecticut in 2017. She has been ABO certified since 2018.

In January 2022, Dr. Vishwanath was named an emerging leader to represent the MSO at the AAO winter meeting. She currently serves as treasurer of the Nebraska Society of Orthodontists.

Her research interests include orthodontic biomechanics, impacted canines, orthognathic surgery and interdisciplinary care of cleft lip and cleft palate. She has authored or co-authored numerous research articles. She is a member of the editorial board of Seminars in Orthodontics and is a reviewer for Progress in Orthodontics, BMC Oral Health, International Journal of Medical Sciences, Angle Orthodontist, Clinical Anatomy and Orthodontics and Craniofacial Research. Dr. Vishwanath also maintains a faculty practice at UNMC.

On being elected to the ABO board, Dr. Vishwanath said, "It is an honor and a privilege to be selected to serve as a director for the American Board of Orthodontics. It is humbling for me to join the leadership of this distinguished group which has carried forward the mission of elevating the quality of orthodontic care for the public for over 90 years. I look forward to collaborating and learning from my fellow board members and adding value to the board's critical work through my dedication and devotion to promoting excellence in orthodontics."

"I believe I am the first director to serve the board as a director from my university and the state of Nebraska, as well as the first director of Indian descent. It is an honor to represent my university, state and my heritage," she added.

About the ABO

The ABO is the global leader in orthodontic board certification and sets the standards of care for excellence in orthodontics and dentofacial orthopedics. The ABO's mission is to elevate the quality of orthodontic care for the public by promoting excellence through certification, education and professional collaboration. Founded in 1929 as the first specialty board in dentistry, The American Board of Orthodontics is partnered with the American Association of Orthodontists and is recognized by the National Commission on Recognition of Dental Specialties and Certifying Boards as the national certifying board for orthodontics and dentofacial orthopedics. To learn more, visit www.americanboardortho.com.

The certificate issued by the ABO signifies a certification of attainment. It does not confer any legal qualification, privilege, or license to practice orthodontics. It is not a professional or academic degree. In essence, board certification is a process by which an individual orthodontist is voluntarily examined by his/her peers as to orthodontic knowledge and clinical skills. The successful completion of the examination process is a demonstration to the dental profession and the general public of the orthodontist's pursuit of continued proficiency and excellence in orthodontics.